Indirect Restorations in Dental Practice
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Indirect Restorations in Dental Practice

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Mother's love is the fuel that enables a normal human being to do the impossible

Dedicated to My Mother (1930-2006)

Whose blood in my arteries made it possible
We are in the midst of rapidly advancing technical developments in all areas of our profession. It would simply be improper to recommend anything that has not been tested satisfactorily or used in over the years. However, the vast experience of Dr Sikri coupled with his aptitude for writing, must have conceived a nice way of presenting his vision in the form of a book.

The book *Indirect Restorations in Dental Practice* comprehensively deals with clinical and theoretical needs of all types of indirect restorations. The book shows only the inherent ideas and the vision of the author. Author’s emphasis on the originality and the language of the subject matter is clearly evident in the book.

I believe that the contents of the book represent a significant contribution to the original thoughts and deserve our attention where we may not comprehend all the details. Modern ideas on occlusion are excellently presented and the subject matter in other chapters is also critically analyzed. It is hoped that the dental students will find an accurate presentation of the subject and get benefited from the same.

I have great faith that in this and subsequent editions, all students, teachers and practitioners will be kept current in the field of restorative dentistry. It is advisable to consider Dr Sikri’s book for application in our daily teaching and practice.

With my continued professional respect and gratitude, I wish Dr Sikri to excel in every field, especially in academics.

Ravinder Singh
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During initial days in Academia, my professional mentor (Guru) once advised—dear, if you cannot explain the subject in simple words, that means, you have not understood the subject. Keeping his advice alive, I always put my sincere efforts to design the text in a simple and lucid language.

The second edition of this book, *Indirect Restorations in Dental Practice*, is the outcome of tremendous acceptability of the first edition. I am encouraged to revise this book based on valuable suggestions from students, teachers and practitioners. After critical examination of these suggestions and recent development in this field, new chapters and latest case history with simple design have been incorporated. Chapter on *Shade Matching* is worth mentioning, as it is pre-requisite in indirect restorations. *Principles of Tooth Preparation* is also nicely explained. The diagrams and clinical pictures have been updated along with recent advancements in the materials and techniques.

I am thankful to my colleagues, Dr Renu Sroa and Dr Baljit Sidhu for their support. I am also thankful to my students, Dr Shaveta, Dr Meghna, Dr Tejinder, Dr Komal, Dr Jasbir and Dr Neha for reading the manuscript. I am grateful to dear Dr Sumeet Rajpal for his recent photographs on componeers.

Blessings of my parents sitting near to GOD have always inspired and encouraged me for this endeavor. My elder brothers, Mr KK Sikri and Mr RK Sikri have been motivating me since childhood.

Completing this book would not have been possible without contributions from multitude of academicians and eminent teachers including my students and friends. My wife, Dr Poonam Sikri, my sons, Dr Ankit, Dr Arpit and my daughter-in-law, Dr Annupriya, cooperated wholeheartedly during completion of the book.

The book will be very useful to general practitioners and students; based on clinical aspects of indirect restorations, the practitioners and students can perform better in their clinics after reading the book.

Last but not the least, I am thankful to all those who helped me directly or indirectly in compiling the manuscript of the book.

I look forward to your suggestions, comments and criticism for future improvement of the book.

Vimal K Sikri
The day I conceived the idea of writing a book on ‘Indirect Restorations’, I had two objectives in my mind. One was to write a book ‘that not only reflects the way I teach, but more importantly, conveys the fascination I used to get out of the subject matter. The second was to write a book that students, and practitioners would find useful, rather, ‘not to miss’ type. I don’t know whether I have fully accomplished the objects, but I assure the readers of my sincere efforts in that direction.

One quotation says, ‘To write a book, you are to read half the library’. Not debating the version, I would like to add that the heart and soul of the author is reflected in each chapter, every line and each word of the book. The experiences of the author and of the contributors add colour to the text. We do have plenty of books on the same subject. All are not the same. The difference lies in the vision of the author, the style of presentation and above all the language.

The book ‘Indirect Restorations’ is the outcome of the expanding text and syllabi of Operative Dentistry. Age old definition ‘... which don’t involve the full crowns’ do not sound proper. Evolution of Esthetic and Cosmetic dentistry, an offshoot of Operative Dentistry, coupled with patients’ demand for better restorations, has necessitated the writing of this book.

Operative Dentistry and Prosthetic Dentistry are twins. Certain topics, subjects and chapters are not clearly defined. It is difficult to identify as to which speciality they belong to. The combined experiences of teachers of both the subjects were required; so the book in your hand has a lot of contributions from the subject experts. The originality and the lucid language of the text of the book are worth mentioning. Hopefully, this book satisfies all the requirements.

Before I thank Almighty GOD for igniting my ‘thoughts’, I would like to place on record, sense of gratitude to my revered teacher, Dr SS Dua for inculcating in me the urge for writing. Blessings of my parents sitting near to GOD have always inspired and encouraged me for this endeavor. My elder brothers, Mr KK Sikri and Mr RK Sikri have been motivating me since childhood.

I am sincerely grateful to all the contributors for their valuable contributions in the form of text and the photographs. I am thankful to Dr Nadig, Professor and Head, Dept of Conservative Dentistry, Oxford Dental College and Hospital, Bangalore along with his students for arranging couple of good photographs.

My thanks are due to my colleagues, Dr Renu, Dr Kusum, Dr Jaganjot, Dr Sangeeta and Dr Baljit along with my dear students, Dr Subha, Dr Ramneek, Dr Ravinder, Dr Gulwinder, Dr Namrata, Dr Payal and Dr Ibdat.

Mr GB Singh and Mr Ashwani Mahajan deserve special thanks for their ‘ready to help’ attitude.

Certain goals are never achieved without the ‘push’ of your family members. My dear wife, Dr Poonam and my very dear sons Ankit and Arpit, cooperated whole-heartedly during completion of the book.

Last but not the least, I am thankful to all those who have helped me even ‘indirectly’ for the book ‘Indirect Restorations’.

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## Contents

Preface to the Second Edition ix  
Preface to the First Edition xi  
Contributors xiii

### 1. Indirect restorations: An Introduction

Extracoronal and Intracoronal restorations 1  
Combined intracoronal and extracoronal restorations 2  
Decision making in indirect restorations 2

### 2. Treatment Planning

Recording personal information 9  
General health information 9  
Oral health information 10  
Clinical evaluation 11  
Treatment planning 15  
Sequencing of treatment plan 21

### 3. Functional Occlusion

Centric occlusion and centric relation 24  
Factors of occlusion 25  
Mutually protected occlusion 27  
Analysis of occlusion prior to restoration 28  
Articulators and articulation of casts 30  
Face-bow and face-bow records 33  
Interocclusal records 33  
Principles of EDEC 34  
Restoring individual teeth 35  
Occlusal adjustments prior to restoration 35  
Traumatic tooth contacts 37

### 4. Principles of Tooth Preparation

Guidelines 45  
Biological factors 50  
Mechanical factors 55  
Esthetic factors 60

### 5. Inlays and Onlays

Metal inlays and onlays 64  
Requirements of dental casting alloys 65  
Cavity preparation 66  
Onlay preparation 76
Composite inlays and onlays 77
Ceramic inlays 87

6. Post and Core Restorations 94
Effect of endodontic treatment on the tooth 94
Classification of posts 96
Types of posts 96
Factors affecting selection of posts 100
Factors affecting post retention 101
Clinical procedures 103
Ferrule effect 111
Fiber reinforced posts 114
All-ceramic posts 118
Dentin posts (biological posts) 121
Miscellaneous post systems 122
Light transmitting plastic posts 123
Cores 123
Restoration of teeth after root amputation 126

7. Shade Matching 132
Basic color schemes 132
Color harmonies 133
Light and light source 134
Three dimensions of color 136
Color determination/measurement 139
Shade-taking devices 140
Shade guides 142
Shade selection 146
Communicating color 147

8. Veneer Crowns 151
Preparation for full veneer crown 152
All-metal crown 152
Porcelain fused to metal crown 157
All-ceramic crown 163
Preparation for partial veneer crown 166
Anterior three-quarter crown 167
Three-quarter crown for maxillary premolar 171
Seven-eighth crown for maxillary molar 174
Errors in tooth preparation 176

9. Laminates 180
Composite laminates 181
Componeers 192
Porcelain laminate 196
Veneer placement 206
10. Impression Making 214
   Impression materials 216
   Hydrocolloids 216
   Newer Alginates 222
   Rubber base impression materials (elastomers) 223
   Gingival tissue management 229
   Impression techniques 235
   Light cure impression material 241
   Disinfection of impression 244

11. Interim Restorations 249
   Requirements of a temporary restoration 249
   Materials used for interim restorations 250

12. Luting Agents 261
   Requirements of a luting agent 262
   Types of luting agents 265

13. Failures of Indirect Restorations 275
   Causes of failures 275
   Risk factors associated with failures 280
   Repair of veneers 281

Glossary 287
Index 305